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COVID-19 UPDATES

We are currently on **MCO Phase 4** as announce by Malaysian government starting from **29th April** until **12th May**



Data as on 3rd May 2020

Take action, do your part:

- Wash hand frequently with soap or use hand sanitizer
- Keep social distance
- Practice cough and sneeze etiquette
- Avoid crowded places
- Keep updated on COVID-19

COVID-19 AWARENESS BRIEFING

KY Mesra has taken the initiative to ensure the front line gets the latest update and suitable knowledge regarding COVID-19.

A session for COVID-19 Awareness briefing has been done for them where in that session, they were briefed on what is COVID-19 and how it spreads, what is the correct way to use hand sanitizer and the importance of wearing hand gloves if their task includes touching any touchpoints.

They were also briefed on how to fill up the COVID-19 Awareness Checklist. They must fill up the form before mobilising to the site, once arrived at each site and before going to another site, and after arriving back at the office.



HSSE TRAININGS

In order to keep operating during MCO phase 1 – phase 3, KY Mesra has taken necessary actions and control measures to ensure suitable work arrangement is in place. Work schedule arranged for each team where only a few front lines are allowed to go to the site every day. The team separation helps to prevent each of them to meet each other and gather at one place.

For those who were not going to the site, they were required to come to the office to join any trainings/briefing/toolbox talks sessions for 1-2 hours only. Suitable preventive measures have been put in place where we recorded body temperature and health declaration. Social distance was practiced and face mask was provided.



HSSE Sharing Space

Heat Stress

Protect the body from **HEAT STRESS** on this fasting month

Working under hot weather at the site especially during this fasting month could be challenging for the Muslim workers who are fasting as they cannot drink water throughout the day.

Check out some tips to remind yourself or your workers on what control measure that can be taken.

Ensure buddy system is in place



- ✓ Always check on you teammates to ensure they are in a good condition and no heat-related symptom
- ✓ Practice job rotation in the team

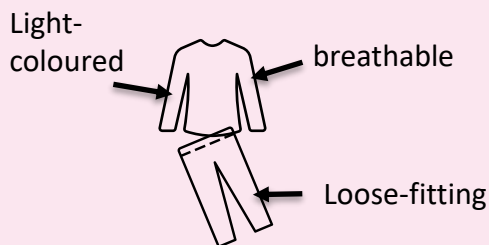


Take frequent rest breaks

- ✓ ...in shaded or air-conditioned recovery areas

Wear appropriate clothing

Be sure to wear clothing that is..



Cotton clothing can be soaked in the water to aid cooling



! Use of PPE may increase the risk of heat stress

Drink plenty of water during iftar and suhur

..to ensure the body gets to recover from fluid loss during the day



STAY SAFE, STAY HEALTHY

